

## #EspañaAtletismo logra seis medallas en el Europeo en Ruta de Bruselas-Leuven



# ESPAÑA ATLETISMO

## Campeonato de Europa de Ruta

# BRUSELAS 2025

### Campeonato de Europa de Ruta (Maratón, Medio Maratón, 10 km) - Bruselas-Leuven (BEL) - 12/13.04.2025

| Prueba        | Nombre                                                                                                                                                                              | Año Nac. | Club                  | Fed.T | Marca   | Puesto | Fecha      |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-----------------------|-------|---------|--------|------------|
| 10 km         | RAMOS REVIEJO, JESÚS                                                                                                                                                                | 1996     | C.A. Adidas           | MAD   | 28:07   | 5      | 13/04/2025 |
|               | paso 5km: 13:51                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | PÉREZ MORENO, JUAN ANTONIO                                                                                                                                                          | 1988     | C.A. Carnicas Serrano | CSM   | 28:16   | 10     | 13/04/2025 |
|               | paso 5km: 13:55                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | FIFA TEMSAMANI, ILIAS                                                                                                                                                               | 1989     | Independiente         | CAT   | 28:32   | 13     | 13/04/2025 |
|               | paso 5km: 13:58                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | OUKHELFEN BEN HADDOU, ABDESSAMAD                                                                                                                                                    | 1998     | Nike Running Club     | CSL   | -       | AB     | 13/04/2025 |
|               | paso 5km: 14:06                                                                                                                                                                     |          |                       |       |         |        |            |
| Medio Maratón | BLANCO ALVAREZ, JORGE                                                                                                                                                               | 1993     | Asics Running         | CSL   | 1:02:29 | 7      | 12/04/2025 |
|               | pasos: 5km: 14:29 (15), 10 km: 29:11 (13), 15 km: 44:14 (13); 20km: 59:18 (9)                                                                                                       |          |                       |       |         |        |            |
| Medio Maratón | MAYO NIETO, CARLOS                                                                                                                                                                  | 1995     | C.A. Adidas           | ARA   | 1:02:30 | 8      | 12/04/2025 |
|               | pasos: 5km:14:21 (87), 10 km: 28:53 (9), 15 km: 43:46 (8); 20km: 59:17 (8)                                                                                                          |          |                       |       |         |        |            |
| Medio Maratón | GUERRA POLO, JAVIER                                                                                                                                                                 | 1983     | Vicky Foods Athletics | CSL   | 1:02:31 | 9      | 12/04/2025 |
|               | pasos: 5km: 14:29 (13), 10 km: 29:11 (12), 15 km: 44:14 (14); 20km: 59:18 (10)                                                                                                      |          |                       |       |         |        |            |
| Medio Maratón | GONZÁLEZ RIVERA, JORGE                                                                                                                                                              | 1995     | Nuñez Run Talavera    | EXT   | 1:02:52 | 12     | 12/04/2025 |
|               | pasos: 5km: 14:29 (17), 10 km: 29:11 (16), 15 km: 44:14 (16); 20km: 59:34 (14)                                                                                                      |          |                       |       |         |        |            |
| Medio Maratón | HASSOUS GARCÍA, NASSIM                                                                                                                                                              | 1994     | Asics Running         | NAV   | 1:02:52 | 13     | 12/04/2025 |
|               | pasos: 5km: 14:29 (14), 10 km: 29:11 (14), 15 km: 44:14 (12); 20km: 59:32 (13)                                                                                                      |          |                       |       |         |        |            |
| Medio Maratón | SÁNCHEZ GÓMEZ, PABLO                                                                                                                                                                | 1996     | Vicky Foods Athletics | CAN   | 1:04:11 | 20     | 12/04/2025 |
|               | pasos: 5km: 14:43 (22), 10 km: 29:39 (20), 15 km: 44:54 (20); 20km: 1:00:45 (20)                                                                                                    |          |                       |       |         |        |            |
| Maratón       | CHAKIR ELSORI, IBRAHIM                                                                                                                                                              | 1994     | Asics Running         | CSL   | 2:10:31 | 7      | 13/04/2025 |
|               | pasos: 5km: 15:43 (6), 10km: 31:01 (8), 15km: 45:51 (4), 20km: 1:01:04 (11), Medio maratón: 1:04:13 (13), 25km: 1:15:49 (8), 30km: 1:31:11 (7), 35km: 1:47:01(6), 40km: 2:03:13 (7) |          |                       |       |         |        |            |
| 10 km         | GALLARDO PUERTAS, CARLA                                                                                                                                                             | 1999     | Independiente         | CSL   | 32:18   | 15     | 13/04/2025 |
|               | paso 5km: 16:09                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | LUENGO CASELLES, LAURA                                                                                                                                                              | 1997     | Independiente         | EXT   | 32:25   | 20     | 13/04/2025 |
|               | paso 5km: 16:08                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | ROBLES CAMPOS, CAROLINA                                                                                                                                                             | 1991     | Bilbao Atletismo      | AND   | 32:44   | 23     | 13/04/2025 |
|               | paso 5km: 16:08                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | BOULAID BOULAOULA, KAOUTAR                                                                                                                                                          | 1989     | Vicky Foods Athletics | CAN   | 32:45   | 27     | 13/04/2025 |
|               | paso 5km: 15:56                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | BERZOSA MARTÍN, ALICIA                                                                                                                                                              | 2000     | Bilbao Atletismo      | CSM   | 33:02   | 35     | 13/04/2025 |
|               | paso 5km: 16:19                                                                                                                                                                     |          |                       |       |         |        |            |
| 10 km         | BARREIRO GARCÍA, ISABEL                                                                                                                                                             | 1999     | C.A. Adidas           | AST   | 33:04   | 37     | 13/04/2025 |
|               | paso 5km: 16:19                                                                                                                                                                     |          |                       |       |         |        |            |

|               |                                                                                                                                                                                        |      |                       |     |         |    |            |
|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------------|-----|---------|----|------------|
| Medio Maratón | SOLER DELGADO, MERITXELL                                                                                                                                                               | 1992 | Independiente         | CAT | 1:11:39 | 4  | 12/04/2025 |
|               | pasos: 5km: 16:53 (14), 10 km: 33:37 (4), 15 km: 50:36 (4), 20km: 1:07:52 (5)                                                                                                          |      |                       |     |         |    |            |
| Medio Maratón | PÉREZ MORENO, MARÍA JOSÉ                                                                                                                                                               | 1992 | C.A. Carnicas Serrano | CSM | 1:12:52 | 12 | 12/04/2025 |
|               | pasos: 5km: 16:53 (12), 10 km: 33:49 (10), 15 km: 51:00 (10), 20km: 1:08:55 (10)                                                                                                       |      |                       |     |         |    |            |
| Medio Maratón | RHARSALLA LAKTAB, IKRAM                                                                                                                                                                | 1995 | Trops-Cueva De Nerja  | AND | 1:14:35 | 19 | 12/04/2025 |
|               | pasos: 5km: 16:54 (17), 10 km: 34:23 (22), 15 km: 52:30 (22), 20km: 1:10:52 (2)                                                                                                        |      |                       |     |         |    |            |
| Maratón       | OUHADDOU NAFIE, FATÍMA AZZAHARAA                                                                                                                                                       | 1993 | Asics Running         | AND | 2:27:14 | 1  | 13/04/2025 |
|               | pasos: 5km: 17:26 (2), 10km: 35:08 (6), 15km: 52:02 (5), 20km: 1:13:00 (4), Medio maratón: 1:13:00 (4), 25km: 1:26:31 (4), 30km: 1:44:10 (4), 35km: 2:01:55 (4), 40km: 2:19:28 (1)     |      |                       |     |         |    |            |
| Maratón       | MAAYOUF CHAJRA, MAJIDA                                                                                                                                                                 | 1989 | Asics Running         | PVA | 2:27:41 | 2  | 13/04/2025 |
|               | pasos: 5km: 17:27 (4), 10km: 35:08 (5), 15km: 51:57 (1), 20km: 1:09:16 (1), Medio maratón: 1:12:56 (1), 25km: 1:26:31 (2), 30km: 1:44:09 (1), 35km: 2:01:55 (3), 40km: 2:19:33 (2)     |      |                       |     |         |    |            |
| Maratón       | NAVARRETE SANTANA, ESTER                                                                                                                                                               | 1990 | Independiente         | GAL | 2:29:49 | 7  | 13/04/2025 |
|               | pasos: 5km: 17:27 (8), 10km: 35:08 (7), 15km: 52:23 (11), 20km: 1:10:02 (11), Medio maratón: 1:13:41 (9), 25km: 1:1:27:17 (8), 30km: 1:44:54 (8), 35km: 2:03:16 (8), 40km: 2:21:44 (7) |      |                       |     |         |    |            |

#### Clasificaciones

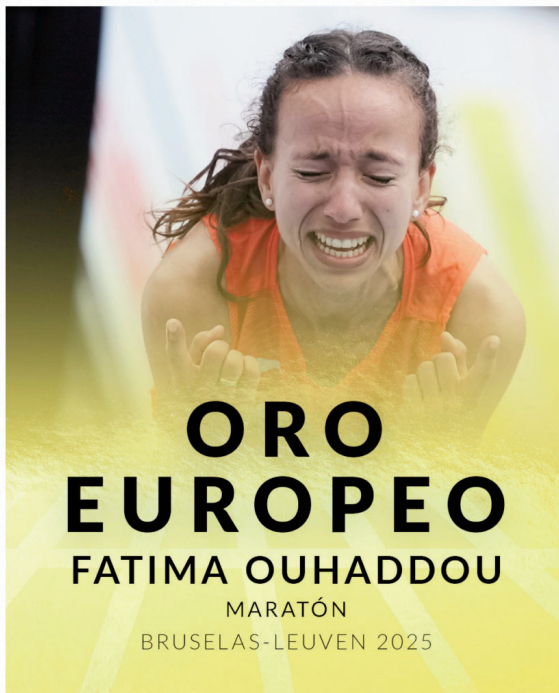
10 km: Hombres (2º) ( 1:24:55) - Mujeres (6ª) (1:37:37)

Medio maratón: Hombres (2º) (3:07:30 - Mujeres (3ª) (3:39:20)

Maratón: Mujeres (1ª) (7:24:44)



ESPAÑA ATLETISMO



# ORO EUROPEO

FATIMA OUHADDOU

MARATÓN

BRUSELAS-LEUVEN 2025



**joma**

ESPAÑA ATLETISMO



# ORO EUROPEO

ESPAÑA ATLETISMO

MARATÓN

BRUSELAS-LEUVEN 2025



**joma**

ESPAÑA ATLETISMO



# PLATA EUROPEA

MAJIDA MAAYOUF

MARATÓN

BRUSELAS-LEUVEN 2025



**joma**

ESPAÑA ATLETISMO



# PLATA EUROPEA

ESPAÑA ATLETISMO

MEDIO MARATÓN

BRUSELAS-LEUVEN 2025

**joma**

ESPAÑA ATLETISMO



joma

ESPAÑA ATLETISMO



Iberdrola

joma



# CAMPEONA DE EUROPA DE MARATÓN

## Fátima Azzaharaa Ouhaddou



Jemisset (Marruecos), 30.08.1993 - 1,56m/45 kg

Entrenador: Johny Ouriaghli

Club 2025: Asics Running

Internacional: 3 (2023-2025)

Nacionalidad española desde 2015

### Historial Español

### Récords de España y Mejores Marcas

#### Historial Internacional

|         |                         |                                       |
|---------|-------------------------|---------------------------------------|
| CM      | 2023 - Budapest         | Maratón (Abandono)                    |
| CE      | 2024 - Roma             | Medio Maratón (14ª/1:11:14/3ªequipos) |
| CE-ruta | 2025 – Bruselas-Lovaina | Maratón (1ª/2:27:14/1ªequipos)        |

### Progresión

| Año (Edad) | Club                | Medio Maratón | Puesto Rk ESP | Puesto Maratón | Puesto Rk ESP |
|------------|---------------------|---------------|---------------|----------------|---------------|
| 2022 (29)  | Amo Allá            | 1:10:37 (2)   | -             |                |               |
| 2023 (30)  | ADA Calvià-Vistasol | 1:12:16 (7)   | 2:25:30       | (2)            |               |
| 2024 (31)  | Asics Running       | 1:10:48 (6)   | 2:24:05       | (3)            |               |
| 2025 (32)  | Asics Running       | 1:09:09       | 2:27:14       |                |               |

*Marcas personales*

3.000m: 10:35.72st (2021); 5.000m: 17:50.15 (2021);  
10.000m: 35:32.88 (2022); 5km ruta: 16:06+ (2022),  
15:41desc (2024); 10km ruta: 32:34 (2022), 32:06desc  
(2023); 15km ruta: 49:39+ (2024); Medio Maratón: 1:09:09  
(2024); Maratón: 2:24:05 (2024).

**Su temporada 2025**

**10km**

|       |   |      |            |
|-------|---|------|------------|
| 34:12 | 4 | Jaén | 18.01.2025 |
|-------|---|------|------------|

**Medio maratón**

|         |    |               |            |
|---------|----|---------------|------------|
| 1:09:09 | 12 | Meishan (CHN) | 23.02.2025 |
|---------|----|---------------|------------|

**Maratón**

|         |   |                       |            |
|---------|---|-----------------------|------------|
| 2:27:14 | 1 | Bruselas-Lovaina(BEL) | 13.04.2025 |
|---------|---|-----------------------|------------|

**Cross**

|       |   |            |            |
|-------|---|------------|------------|
| 35:17 | 2 | Valladolid | 12.01.2025 |
|-------|---|------------|------------|

|       |        |             |            |
|-------|--------|-------------|------------|
| 37:42 | 10 (8) | Getafe (CE) | 26.01.2025 |
|-------|--------|-------------|------------|

**Sus mejores marcas de siempre en Medio Maratón**

|         |    |               |            |
|---------|----|---------------|------------|
| 1:09:09 | 12 | Meishan (CHN) | 23.02.2025 |
|---------|----|---------------|------------|

|         |    |          |            |
|---------|----|----------|------------|
| 1:10:37 | 12 | Valencia | 23.10.2022 |
|---------|----|----------|------------|

|         |    |          |            |
|---------|----|----------|------------|
| 1:10:48 | 22 | Valencia | 27.10.2024 |
|---------|----|----------|------------|

|         |    |            |            |
|---------|----|------------|------------|
| 1:11:14 | 14 | Roma (ITA) | 09.06.2024 |
|---------|----|------------|------------|

|         |   |        |            |
|---------|---|--------|------------|
| 1:11:32 | 3 | Málaga | 10.03.2024 |
|---------|---|--------|------------|

|           |  |          |            |
|-----------|--|----------|------------|
| 1:11:42 + |  | Valencia | 01.12.2024 |
|-----------|--|----------|------------|

|           |  |          |            |
|-----------|--|----------|------------|
| 1:11:45 + |  | Valencia | 03.12.2023 |
|-----------|--|----------|------------|

|         |    |          |            |
|---------|----|----------|------------|
| 1:12:16 | 24 | Valencia | 22.10.2023 |
|---------|----|----------|------------|

|         |   |           |            |
|---------|---|-----------|------------|
| 1:12:17 | 3 | Santander | 14.05.2023 |
|---------|---|-----------|------------|

|         |   |         |            |
|---------|---|---------|------------|
| 1:12:44 | 3 | Paterna | 19.06.2022 |
|---------|---|---------|------------|

**Todas sus marcas de siempre en Maratón**

|         |    |          |            |
|---------|----|----------|------------|
| 2:24:05 | 12 | Valencia | 01.12.2024 |
|---------|----|----------|------------|

|         |    |          |            |
|---------|----|----------|------------|
| 2:25:30 | 22 | Valencia | 03.12.2023 |
|---------|----|----------|------------|

|         |   |                 |            |
|---------|---|-----------------|------------|
| 2:26:44 | 4 | Rotterdam (NED) | 26.04.2023 |
|---------|---|-----------------|------------|

|         |   |                       |            |
|---------|---|-----------------------|------------|
| 2:27:14 | 1 | Bruselas-Lovaina(BEL) | 13.04.2025 |
|---------|---|-----------------------|------------|

|         |   |              |            |
|---------|---|--------------|------------|
| 2:33:06 | 7 | Sydney (AUS) | 15.09.2024 |
|---------|---|--------------|------------|





## Andreu Blanes y María Fuentes, campeones de España de Trail Running



### Campeonato de España Trail Running por Federa- ciones Autonómicas e Individual y Master San Miguel de Balansat (Ibiza), 13 abril 2025

#### HOMBRES

##### Absoluto y Master 35-65 (28 km y 1.616 metros de desnivel)

|     |                            |     |         |
|-----|----------------------------|-----|---------|
| 1.  | Andreu Blanes Reig         | CVA | 2:17:01 |
| 2.  | Jan Torrella Oller         | CAT | 2:18:18 |
| 3.  | Miquel Corbera Rubio       | CAT | 2:19:46 |
| 4.  | Gontzal Murgoitio Esparza  | PVA | 2:23:47 |
| 5.  | Aniol Pujiula Colom        | CAT | 2:23:55 |
| 6.  | Pablo Bautista Rovira      | MUR | 2:24:00 |
| 7.  | Raul Criado Sanchez        | ARA | 2:26:42 |
| 8.  | Oscar Bou Garcia-Consuegra | CVA | 2:26:52 |
| 9.  | Adrian Ivars Ivars         | CVA | 2:28:30 |
| 10. | Arnau Montiel Moreno       | CAT | 2:28:55 |
| 11. | Arnau Aranda Escamilla     | CAT | 2:29:25 |
| 12. | Alvaro Osanz Laborda       | ARA | 2:29:52 |

|     |                          |     |         |
|-----|--------------------------|-----|---------|
| 13. | Daniel Luque Gonzalez    | MUR | 2:30:15 |
| 14. | Ivan Hernandez Illan     | MUR | 2:30:37 |
| 15. | Mario Mirabel Alviz      | EXT | 2:30:40 |
| 16. | Juan Perez Ros           | MUR | 2:30:47 |
| 17. | Raul Ortiz Cabello       | AND | 2:31:01 |
| 18. | Mario Granero Cedron     | CVA | 2:32:10 |
| 19. | Beñat Bereziartu Orts    | PVA | 2:33:04 |
| 20. | Daniel Remon Señorán     | EXT | 2:33:30 |
| 21. | Alexandre Otero Iglesias | GAL | 2:34:34 |
| 22. | Mikel Auzmendi Aierbe    | PVA | 2:34:42 |
| 23. | Samuel Rodriguez Abellan | MUR | 2:35:25 |
| 24. | Jose Luis Garcia Pujadas | BAL | 2:35:45 |
| 25. | Miguel Garrido Corral    | AND | 2:36:00 |
| 26. | Biel Martinez Ginard     | BAL | 2:37:48 |
| 27. | Manuel Muriel Barragan   | EXT | 2:38:07 |
| 28. | Eugenio Gil Ocaña        | CVA | 2:38:08 |
| 29. | Hodei Lujanbio Apezetxea | NAV | 2:38:18 |
| 30. | Ruben Insua Diaz         | GAL | 2:38:53 |
| 31. | Javier Barea Pastor      | ARA | 2:38:58 |
| 32. | Pablo Ferrando Galan     | MAD | 2:39:10 |
| 33. | Hector Sanchis Pont      | MAD | 2:40:57 |
| 34. | Marcos Pascual Martin    | MAD | 2:40:58 |



|     |                                |     |         |
|-----|--------------------------------|-----|---------|
| 35. | Sergi Beltran Font             | BAL | 2:41:00 |
| 36. | Ibai Makazaga Aristi           | PVA | 2:41:28 |
| 37. | Jesus Angel Rodriguez Sanchez  | CLM | 2:43:00 |
| 38. | Aythami Brito Henriquez        | CNR | 2:43:09 |
| 39. | Ruben Gomez Lamas              | GAL | 2:44:16 |
| 40. | Victor Pimentel Carretero      | AND | 2:44:34 |
| 41. | Damian Ramis Pons              | BAL | 2:45:49 |
| 42. | David Lopez Castan             | CYL | 2:46:39 |
| 43. | Federico Losada Conde          | GAL | 2:46:56 |
| 44. | William Ricardo Aveiro Garay   | BAL | 2:47:21 |
| 45. | Javier Megia Ciudad            | CLM | 2:47:47 |
| 46. | Pablo Doña Giron               | AND | 2:47:54 |
| 47. | Miguel Madruga Vicente         | EXT | 2:48:08 |
| 48. | Guillermo Acosta De Brito      | CYL | 2:49:09 |
| 49. | Luis Miguel Sanchez Blanco     | CYL | 2:49:51 |
| 50. | Marcos Antonio Pascual Fidalgo | GAL | 2:51:57 |
| 51. | David Rojas Jimenez            | MAD | 2:55:37 |
| 52. | Ion Ridruejo Fernández         | NAV | 2:55:56 |
| 53. | Imanol Recalde Esnoz           | NAV | 2:57:00 |
| 54. | Jose Antonio Hernandez Ojeda   | CNR | 2:58:41 |
| 55. | Jorge Negrete Perez            | AND | 3:01:33 |
| 56. | Rubén Rodríguez Sánchez        | CLM | 3:03:52 |
| 57. | Carlos Pitarque Torres         | ARA | 3:06:37 |
| 58. | Arezki Amokran Habibi Nuñez    | CNR | 3:07:43 |
| 59. | Carlos Javega Saura            | ARA | 3:12:58 |
| 60. | Jose Maria Cantero Herrero     | CYL | 3:14:25 |
| 61. | German Lopez Sanchez           | CLM | 3:25:02 |
|     | Alvaro Garcia Bernabeu         | MAD | DNF     |
|     | Aimar Azpiroz Beunza           | NAV | DNS     |
|     | Andres Rodriguez Gutierrez     | AND | DNS     |

|    |                    |         |
|----|--------------------|---------|
| 10 | MADRID             | 8:01:05 |
| 11 | CASTILLA Y LEÓN    | 8:25:39 |
| 12 | NAVARRA            | 8:31:14 |
| 13 | CASTILLA LA MANCHA | 8:34:39 |
| 14 | CANARIAS           | 8:49:33 |

**Sub-23 y Master 70 y +  
(13 km y 665 metros de desnivel)**

|     |                                  |     |         |
|-----|----------------------------------|-----|---------|
| 1.  | Alejandro Garrido Diaz           | MAD | 57:03   |
| 2.  | Pere Menendez Ramirez            | CAT | 57:31   |
| 3.  | Lluc Torné Solà                  | CAT | 58:33   |
| 4.  | Gonzalo Zorrilla Olías           | MAD | 59:07   |
| 5.  | Martín Barreiro Durán            | GAL | 59:30   |
| 6.  | Hugo Garcia Souto                | GAL | 59:55   |
| 7.  | Francisco Javier Tejonero Valdes | AND | 1:00:04 |
| 8.  | Ibai Angulo Alberdi              | PVA | 1:00:07 |
| 9.  | Samuel Vega Canales              | PVA | 1:00:31 |
| 10. | Bernat Ferrer Álvarez            | CVA | 1:00:45 |
| 11. | Oriol Gibert Sole                | CAT | 1:01:01 |
| 12. | Eduardo Hernandez Benito         | CYL | 1:01:02 |
| 13. | Xabat Elortza Rubio              | PVA | 1:01:23 |
| 14. | Hector Sierra Villegas           | MAD | 1:01:25 |
| 15. | Pol Camprubí Selga               | CAT | 1:01:55 |
| 16. | Mario Werther Asuncion Matias    | CVA | 1:02:39 |
| 17. | Javier Prieto Caballero          | AND | 1:02:55 |
| 18. | Javier Marco Siles               | CVA | 1:03:12 |
| 19. | Mario Fernandez Morote           | MUR | 1:03:23 |
| 20. | Lucas Anierte Soler              | CVA | 1:04:23 |
| 21. | Carlos Gonzalez Rodriguez        | AND | 1:04:37 |
| 22. | Felip Marqués Frontera           | BAL | 1:04:48 |
| 23. | Miguel Perez Garcia              | AND | 1:04:59 |
| 24. | Edwin Camacho Perez              | CNR | 1:05:29 |
| 25. | Victor Borges Ramos              | CYL | 1:06:01 |
| 26. | Álex Iglesia Vila                | GAL | 1:06:10 |
| 27. | Martí Alemany Lizcano            | BAL | 1:06:26 |
| 28. | Pedro Manuel Paredes Lopez       | MUR | 1:06:33 |
| 29. | Francisco Castillo Sastre        | CNR | 1:07:31 |
| 30. | Jorge Lopez Suarez               | MUR | 1:08:31 |
| 31. | Antonio Boned Ferrer             | BAL | 1:09:09 |
|     | Daniel Gonzalez Rodriguez        | CYL | DNF     |
|     | Adrian Vos Perez                 | MAD | DNF     |

**Clasificación por Federaciones Autonómicas**

|   |                      |         |
|---|----------------------|---------|
| 1 | CATALUÑA             | 7:01:59 |
| 2 | COMUNIDAD VALENCIANA | 7:12:23 |
| 3 | MURCIA               | 7:24:52 |
| 4 | PAÍS VASCO           | 7:31:33 |
| 5 | ARAGÓN               | 7:35:32 |
| 6 | EXTREMADURA          | 7:42:17 |
| 7 | ANDALUCÍA            | 7:51:35 |
| 8 | ISLAS BALEARES       | 7:54:33 |
| 9 | GALICIA              | 7:57:43 |



#### Clasificación por Federaciones Autonómicas

|    |                      |    |
|----|----------------------|----|
| 1  | CATALUÑA             | 5  |
| 2  | MADRID               | 5  |
| 3  | GALICIA              | 11 |
| 4  | PAÍS VASCO           | 17 |
| 5  | ANDALUCÍA            | 24 |
| 6  | COMUNIDAD VALENCIANA | 26 |
| 7  | CASTILLA Y LEÓN      | 37 |
| 8  | MURCIA               | 47 |
| 9  | ISLAS BALEARES       | 49 |
| 10 | CANARIAS             | 53 |

#### Promoción (9 km y 375 metros de desnivel)

|     |                              |     |       |
|-----|------------------------------|-----|-------|
| 1.  | Yeray Hernandez Rojas        | AND | 36:11 |
| 2.  | Ekain Fernandez Garcia       | PVA | 36:33 |
| 3.  | Alejandro Domingo Mateo      | CYL | 36:33 |
| 4.  | Gerard Lopez Serra           | CAT | 36:51 |
| 5.  | Carlos Garcia Suarez         | AND | 37:04 |
| 6.  | Didac Marza Grau             | CVA | 37:07 |
| 7.  | Samuel Matamoros Alonso      | MAD | 37:35 |
| 8.  | Adrian Macias Fernandez      | CAT | 37:57 |
| 9.  | Eloy Martinez Faro           | GAL | 38:13 |
| 10. | Mario Tejada Martin          | MAD | 38:21 |
| 11. | Jordi Peris Roures           | CVA | 38:36 |
| 12. | Julen Badiola Unzuurrungza   | PVA | 38:44 |
| 13. | David Alvarez Cuerva         | AND | 38:52 |
| 14. | Oriol Saborit Cervera        | CVA | 39:04 |
| 15. | Nil Rovira Moratin           | CAT | 39:16 |
| 16. | Miguel Lázaro Montané        | MAD | 39:18 |
| 17. | Martin Gonzalez Muñoz        | EXT | 39:21 |
| 18. | Joan Frago Jimenez           | CAT | 39:40 |
| 19. | Germán Ceño Jiménez          | BAL | 39:51 |
| 20. | Julen López Galera           | CLM | 40:05 |
| 21. | Manuel Hernansanz Arranz     | CYL | 40:09 |
| 22. | Jorge Manuel Gutierrez Marin | MUR | 40:36 |
| 23. | Unax Agirre Osa              | PVA | 40:52 |
| 24. | Roberto Ambrosio Guillen     | EXT | 41:02 |
| 25. | Luis Gonzalez Paya           | CVA | 41:30 |
| 26. | Joan Ferrer Lluís            | BAL | 41:43 |
| 27. | Mateu Monserrat Nicolau      | BAL | 41:44 |

|     |                                |     |       |
|-----|--------------------------------|-----|-------|
| 28. | David Rey Veiga                | CLM | 42:09 |
| 29. | Javier Moreno Diaz             | CNR | 42:16 |
| 30. | Josue Martin Martinez          | CYL | 42:20 |
| 31. | Juan Martin Álvarez            | MUR | 42:38 |
| 32. | Andres Rodriguez Sanchez       | AND | 42:42 |
| 33. | Xabier Mikel Aranjuelo Marañón | NAV | 42:49 |
| 34. | Francisco Pedrosa Plaza        | EXT | 43:04 |
| 35. | Oihan Berasategi Larrea        | PVA | 43:06 |
| 36. | Asier Casado Urrutia           | NAV | 43:38 |
| 37. | Hugo Cabrera Taisma            | CNR | 43:49 |
| 38. | Saul Hernandez Cruz            | MAD | 44:26 |
| 39. | Ruben Serrano Cobo             | MUR | 44:32 |
| 40. | Iker Morilla Bordon            | BAL | 45:07 |
| 41. | Brais Garcia Gonzalez          | GAL | 45:22 |
| 42. | Alvaro Navarro Ruiz            | MUR | 45:57 |
| 43. | Roi Mouron Varela              | GAL | 46:30 |
| 44. | Adrian Martinez Urtasun        | NAV | 46:49 |
| 45. | Jesus Garcia Figueroa          | GAL | 49:03 |
|     | Alejo Sanchez Garcia           | CAN | DNF   |

#### Clasificación por Federaciones Autonómicas

|    |                      |    |
|----|----------------------|----|
| 1  | ANDALUCÍA            | 6  |
| 2  | CATALUÑA             | 12 |
| 3  | PAÍS VASCO           | 14 |
| 4  | MADRID               | 17 |
| 5  | COMUNIDAD VALENCIANA | 17 |
| 6  | CASTILLA Y LEÓN      | 24 |
| 7  | EXTREMADURA          | 41 |
| 8  | ISLAS BALEARES       | 45 |
| 9  | CASTILLA LA MANCHA   | 48 |
| 10 | GALICIA              | 50 |
| 12 | CANARIAS             | 66 |
| 13 | NAVARRA              | 69 |



## MUJERES

### Absoluto y Master 35-65 (28 km y 1.616 metros de desnivel)

|     |                                   |     |         |
|-----|-----------------------------------|-----|---------|
| 1.  | Maria Fuentes Olcina              | CVA | 2:42:28 |
| 2.  | Carrodilla Cabestre Sahun         | ARA | 2:48:58 |
| 3.  | Natalia Gonzalez Barrachina       | CAT | 2:53:04 |
| 4.  | Isabel Calero Garau               | BAL | 2:55:07 |
| 5.  | Moana Lilly Kehres Kehres         | CNR | 2:56:54 |
| 6.  | Ana Murillo Ripolles              | CVA | 3:00:17 |
| 7.  | Claudia Corral Hodar              | CYL | 3:01:40 |
| 8.  | Ainara Alcuaz Rodriguez           | NAV | 3:02:10 |
| 9.  | Celia Balcells Serra              | CAT | 3:02:27 |
| 10. | Marta Perez Maroto                | MAD | 3:03:29 |
| 11. | Patricia Villanueva Baselga       | ARA | 3:04:07 |
| 12. | Sara Roca Montalban               | CAT | 3:06:48 |
| 13. | Irene Artazcoz Perez-Nievas       | NAV | 3:06:56 |
| 14. | Natalia Bermudez De Castro Angulo | CVA | 3:07:08 |
| 15. | Isla Smith                        | BAL | 3:07:29 |
| 16. | Vanessa Romero Ballester          | CVA | 3:07:53 |
| 17. | Beatriz Roman Soriano             | MUR | 3:08:16 |
| 18. | Alba De Mendiolaogitia Diaz       | AND | 3:08:46 |
| 19. | Maria Cristina Salazar Ramirez    | AND | 3:11:36 |
| 20. | Izaskun Olleta Sanchez            | NAV | 3:11:40 |
| 21. | Sonia Vizcaino Hungria            | AND | 3:11:57 |
| 22. | Lara Estebanez Vivar              | PVA | 3:12:21 |
| 23. | Sandra Cuello Capistros           | ARA | 3:12:38 |
| 24. | Georgina Gabarro Morente          | CAT | 3:14:25 |
| 25. | Maria Martinez Gonzalez           | GAL | 3:17:14 |
| 26. | Maria Mercedes Salas Garcia       | AND | 3:17:17 |
| 27. | Tania Salamanca Ruiz              | MUR | 3:17:28 |
| 28. | Cristina Trujillo Gonzalez        | MAD | 3:18:10 |
| 29. | Elsa Padron Vega                  | CNR | 3:20:45 |
| 30. | Lara De Castro Casares            | CYL | 3:21:04 |
| 31. | Maria Del Rosario Garcia-Cervigon | CLM | 3:21:50 |
| 32. | Ainara Uribarri Martinez          | PVA | 3:22:31 |
| 33. | Irantzu Chinchetru Martinez       | PVA | 3:24:36 |
| 34. | Nerea Gonzalez Peña               | CLM | 3:25:01 |
| 35. | Garbiñe Sanchez Servera           | BAL | 3:25:20 |
| 36. | Ana Isabel Canovas Garcia         | MUR | 3:26:40 |
| 37. | Fatima Ortega Cano                | MUR | 3:27:49 |

|     |                          |     |         |
|-----|--------------------------|-----|---------|
| 38. | Marina Albasa Burgues    | ARA | 3:29:38 |
| 39. | Rosa Maria Araujo Losada | GAL | 3:30:32 |
| 40. | Maria Platero Prado      | GAL | 3:31:05 |
| 41. | Ana Defez Cernicharo     | MAD | 3:31:38 |
| 42. | Nuria Tauler Lorenzo     | BAL | 3:32:04 |
| 43. | Sara Garcia Domingo      | CYL | 3:36:18 |
| 44. | Maria Rivero Cabezas     | CLM | 3:36:31 |
| 45. | Laura Rado Jurkiewicz    | BAL | 3:37:36 |
| 46. | Sara Izquierdo Sanchez   | CYL | 3:39:25 |
| 47. | Ane Ormaetxea            | CNR | 3:42:06 |
| 48. | Lidia Morales Rey        | MUR | 3:50:15 |
| 49. | Carla Trillo Fernandez   | GAL | 3:55:14 |
|     | Mª Jose Garcia Perez     | AND | DNF     |
|     | Paula Mata Mahiques      | CVA | DNF     |
|     | Leyre Castrejon Valero   | MAD | DNF     |
|     | Tamara Garcia Rodriguez  | GAL | DNF     |
|     | Oihana Zubillaga Blanco  | PVA | DQ      |
|     | Nihal Senoussi El Kadri  | ARA | DNS     |

### Clasificación por Federaciones Autonómicas

|    |                      |          |
|----|----------------------|----------|
| 1  | COMUNIDAD VALENCIANA | 8:49:53  |
| 2  | CATALUÑA             | 9:02:19  |
| 3  | ARAGÓN               | 9:05:43  |
| 4  | NAVARRA              | 9:20:46  |
| 5  | ISLAS BALEARES       | 9:27:56  |
| 6  | ANDALUCÍA            | 9:32:19  |
| 7  | MURCIA               | 9:52:24  |
| 8  | MADRID               | 9:53:17  |
| 9  | CASTILLA Y LEÓN      | 9:59:02  |
| 10 | PAÍS VASCO           | 9:59:28  |
| 11 | CANARIAS             | 9:59:45  |
| 12 | GALICIA              | 10:18:51 |
| 13 | CASTILLA LA MANCHA   | 10:23:22 |

### Sub-23 y Master 70 y + (13 km y 665 metros de desnivel)

|    |                              |     |         |
|----|------------------------------|-----|---------|
| 1. | Nuria Llanso Hernandez       | CAT | 1:08:59 |
| 2. | Jimena Blanco Repila         | MAD | 1:10:24 |
| 3. | Blanca Batlle Busquet        | CAT | 1:10:40 |
| 4. | Laia Calzada Garrofe         | CAT | 1:11:50 |
| 5. | Rocio Calabuig Santacatalina | CVA | 1:13:04 |



|     |                               |     |         |
|-----|-------------------------------|-----|---------|
| 6.  | Rocio Gisella Campanini Carol | CVA | 1:13:32 |
| 7.  | Aida Delgado Corchero         | PVA | 1:13:51 |
| 8.  | Carla Gonzalez Carrillo       | CAT | 1:14:30 |
| 9.  | Charlotte Delabarre           | CNR | 1:14:47 |
| 10. | Naia Laso Gonzalez            | PVA | 1:15:31 |
| 11. | Celia Calderon Santamaria     | MAD | 1:15:42 |
| 12. | Nieves Navarro Gimenez        | MUR | 1:16:05 |
| 13. | Maria Bermejo Agustin         | MAD | 1:16:23 |
| 14. | Joana Maria Rigo Vidal        | BAL | 1:18:41 |
| 15. | Ane Ochoa De Alda             | PVA | 1:18:46 |
| 16. | Saray Puche Navarro           | MUR | 1:18:58 |
| 17. | Paula López Solance           | MAD | 1:19:30 |
| 18. | Mar Ribas Linares             | BAL | 1:25:17 |
| 19. | Sheila Falcón Rodriguez       | CNR | 1:27:32 |
| 20. | Eva Mate Fernandez            | CVA | 1:34:51 |
| 21. | Alba Arandis Colomer          | CVA | 1:39:23 |

#### Clasificación por Federaciones Autonómicas

|   |                      |    |
|---|----------------------|----|
| 1 | CATALUÑA             | 4  |
| 2 | COMUNIDAD VALENCIANA | 11 |
| 3 | MADRID               | 13 |
| 4 | PAÍS VASCO           | 17 |
| 5 | MURCIA               | 28 |
| 6 | CANARIAS             | 28 |
| 7 | ISLAS BALEARES       | 32 |

#### Promoción (9 km y 375 metros de desnivel)

|     |                           |     |       |
|-----|---------------------------|-----|-------|
| 1.  | Candela Perez De Peña     | EXT | 40:30 |
| 2.  | Emma Mendez Martinez      | GAL | 41:11 |
| 3.  | Laura Ordiales Pazos      | EXT | 43:08 |
| 4.  | Mar Espartero Polino      | CAT | 43:52 |
| 5.  | Alluitz De Bilbao Ortega  | PVA | 45:13 |
| 6.  | Nuria Calzada Garrofe     | CAT | 45:18 |
| 7.  | Laia Alonso Degracia      | CAT | 46:02 |
| 8.  | Irene Andujar Martinez    | MUR | 46:21 |
| 9.  | Andrea Buenavida Cotrina  | EXT | 46:32 |
| 10. | Sandra Gonzalez Fernandez | GAL | 46:41 |
| 11. | Sandra Velasco Anton      | MAD | 48:16 |
| 12. | Maria Camacho Perez       | CNR | 48:44 |
| 13. | Judith Soriano Sanchez    | ARA | 48:46 |
| 14. | Patricia Delgado Gonzalez | MAD | 49:14 |

|     |                                  |     |         |
|-----|----------------------------------|-----|---------|
| 15. | Marina Pujalte Sanchez           | MUR | 49:35   |
| 16. | Claudia Martinez Blazquez        | MAD | 50:48   |
| 17. | Laila Muñoz Oliveros             | CYL | 51:01   |
| 18. | Aitana Millez Ororbia            | NAV | 51:03   |
| 19. | Julia Salvado Dieguez            | GAL | 51:32   |
| 20. | Maria Alisa Sushch Kikgeben      | AND | 51:35   |
| 21. | Khadija Bouzid Essofyany         | CYL | 51:39   |
| 22. | Jimena Molina Ferrer             | MUR | 52:01   |
| 23. | Yara Lopez Leal                  | CYL | 52:01   |
| 24. | Aina Civil Safont                | CAT | 52:18   |
| 25. | Pilar Rivaya Figaredo            | AST | 52:30   |
| 26. | Meriel Lujan Monerri             | CVA | 52:53   |
| 27. | Mª Del Mar Paredes Lopez         | MUR | 53:17   |
| 28. | Ariadne Esparza Alberdi          | NAV | 53:23   |
| 29. | Carolina Marmol Gordillo         | AND | 53:31   |
| 30. | Naia Cob Botello                 | PVA | 53:50   |
| 31. | Yamila Maria Perez Rodriguez     | CNR | 54:19   |
| 32. | Rahma Chaouki Hamoufatna         | AND | 54:43   |
| 33. | Sofia Marianella Campanini Carol | CVA | 55:39   |
| 34. | Maria Safont Trujillo            | CVA | 56:36   |
| 35. | Haizea Gerrikabeitia Uriguen     | PVA | 56:48   |
| 36. | Júlia Saborit Cervera            | CVA | 57:31   |
| 37. | Eva Formoso Recarey              | GAL | 58:30   |
| 38. | Cristina Miquel Fullana          | BAL | 59:55   |
| 39. | Aina Rigo Roig                   | BAL | 1:02:15 |
| 40. | Elena Melero Perez               | AND | 1:13:20 |
|     | Izaro Barberena Isasi            | NAV | DNF     |

#### Clasificación por Federaciones Autonómicas

|    |                      |    |
|----|----------------------|----|
| 1  | EXTREMADURA          | 4  |
| 2  | CATALUÑA             | 10 |
| 3  | GALICIA              | 12 |
| 4  | MURCIA               | 23 |
| 5  | MADRID               | 25 |
| 6  | PAÍS VASCO           | 35 |
| 7  | CASTILLA Y LEÓN      | 38 |
| 8  | CANARIAS             | 43 |
| 9  | NAVARRA              | 46 |
| 10 | ANDALUCÍA            | 49 |
| 11 | COMUNIDAD VALENCIANA | 59 |
| 12 | ISLAS BALEARES       | 77 |

**MASTER**

**HOMBRES**

**M35**

|    |                              |       |         |
|----|------------------------------|-------|---------|
| 1. | Jose Luis Garcia Pujadas     | SURCO | 2:35:45 |
| 2. | Manuel Muriel Barragan       | SURCO | 2:38:07 |
| 3. | Antonio Viguera Saez         | NORMU | 2:52:23 |
| 4. | Urko Valdivielso Zueco       | TDCIB | 2:54:03 |
| 5. | Jose Antonio Hernandez Ojeda | MXFV  | 2:58:41 |
| 6. | Alexandre Urbina Rubio       | AESIB | 2:59:37 |
| 7. | Aezki Amokran Habibi Nuñez   | BIKTF | 3:07:43 |
| 8. | Carlos Javega Saura          | MATTE | 3:12:58 |

**M40**

|     |                                |       |         |
|-----|--------------------------------|-------|---------|
| 1.  | Raul Ortiz Cabello             | GABMA | 2:31:01 |
| 2.  | Daniel Remon Señoran           | SURCO | 2:33:30 |
| 3.  | Biel Martinez Ginard           | MANIB | 2:37:48 |
| 4.  | Hodei Lujanbio Apezetxea       | INDE  | 2:38:18 |
| 5.  | Javier Barea Pastor            | TURTE | 2:38:58 |
| 6.  | Lucas Hernández Sesma          | VETSA | 2:41:17 |
| 7.  | Ibai Makazaga Aristi           | KAMSS | 2:41:28 |
| 8.  | David Lopez Castan             | SPOSG | 2:46:39 |
| 9.  | Miguel Madruga Vicente         | TOREX | 2:48:08 |
| 10. | Luis Miguel Sanchez Blanco     | BIKTO | 2:49:51 |
| 11. | Marcos Antonio Pascual Fidalgo | BIOLU | 2:51:57 |
|     | Ion Sola Torralba              | HIRNA | DNS     |

**M45**

|    |                            |       |         |
|----|----------------------------|-------|---------|
| 1. | Victor Pimentel Carretero  | GABMA | 2:44:34 |
| 2. | Federico Losada Conde      | BIOLU | 2:46:56 |
| 3. | José Angel Díaz Bautista   | BRUC  | 2:57:36 |
| 4. | Jose Antonio Martinez Arco | GROGR | 3:07:46 |
| 5. | Ivan Bartolo Garcia        | INDE  | 3:17:44 |
| 6. | Juan Jose Almada Izquierdo | TORMU | 3:26:15 |
| 7. | Antonio Molio Juan         | TDCIB | 3:40:40 |
|    | Vicente Roig Ribas         | TSEIB | DNF     |
|    | Bernat Caballero Hernández | TDCIB | DNF     |

**M50**

|    |                            |       |         |
|----|----------------------------|-------|---------|
| 1. | Pedro Luis Sanz Arce       | PUEPA | 2:56:32 |
| 2. | Manuel Gonzalez Francisco  | CDVTF | 3:05:21 |
| 3. | Jesus Molina Lopez         | TORMU | 3:06:03 |
| 4. | Fernando Garcia Garcia     | PUEPA | 3:22:06 |
| 5. | Juan Sempere Ruiz          | CTAV  | 3:33:23 |
| 6. | Jose Maria Cardona Ribas   | RAVIB | 3:55:23 |
| 7. | Jordi Pla Vidal            | CACG  | 4:05:41 |
| 8. | Ramón Manzano Jiménez      | ALTIB | 4:29:22 |
|    | Marcos Lopez Arbues        | ZENZ  | DNS     |
|    | Andres Rodriguez Gutierrez | SURCO | DNS     |

**M55**

|    |                                |       |         |
|----|--------------------------------|-------|---------|
| 1. | Jorge León Benítez             | TDCIB | 3:12:18 |
| 2. | Mariano Escuin Diaz            | ALTIB | 3:20:42 |
| 3. | Luis Miguel Ruiz Del Castillo  | TSEIB | 3:25:56 |
|    | Jaime Tur Soler                | TSEIB | DNF     |
|    | Francisco Javier Romero García | TSEIB | DNF     |

**M60**

|    |                             |      |         |
|----|-----------------------------|------|---------|
| 1. | Eleuteri Adelantado Guitart | JBEB | 3:26:49 |
|----|-----------------------------|------|---------|

|    |                            |      |         |
|----|----------------------------|------|---------|
| 2. | Juan Antonio Ilarza Angulo | INDE | 3:27:37 |
|----|----------------------------|------|---------|

**M65**

|    |                             |       |         |
|----|-----------------------------|-------|---------|
| 1. | Jose Antonio Salgado Mangas | BIRNA | 3:45:57 |
| 2. | Frederic Garrido Vilajuana  | JBEB  | 3:51:08 |
| 3. | Francisco Lopez Granero     | PUEA  | 4:17:47 |
| 4. | Manuel Romero Osorio        | MONIB | 4:21:23 |

**M70**

|    |                              |       |         |
|----|------------------------------|-------|---------|
| 1. | Carlos Santoro Lopez         | ALBAB | 1:31:44 |
| 2. | Domingo Perez Ruiz           | NOGMU | 1:59:13 |
| 3. | Francisco Luis Blasco Querol | ALTIB | 2:27:19 |

**MUJERES**

**F35**

|    |                                   |       |         |
|----|-----------------------------------|-------|---------|
| 1. | Isabel Calero Garau               | JBEB  | 2:55:07 |
| 2. | Beatriz Roman Soriano             | SERV  | 3:08:16 |
| 3. | Izaskun Olleta Sanchez            | BIRNA | 3:11:40 |
| 4. | Lara De Castro Casares            | ZACZA | 3:21:04 |
| 5. | Maria Del Rosario Garcia-Cervigon | ALBAB | 3:21:50 |
| 6. | Rosa Maria Araujo Losada          | BUROR | 3:30:32 |
| 7. | Lidia Morales Rey                 | ABAMU | 3:50:15 |

**F40**

|    |                           |       |         |
|----|---------------------------|-------|---------|
| 1. | Sonia Vizcaino Hungria    | NERMA | 3:11:57 |
| 2. | Silvia Piera Martinez     | SERV  | 3:16:11 |
| 3. | Angels Llobera Vicens     | MONIB | 3:17:34 |
| 4. | Elsa Padron Vega          | INDE  | 3:20:45 |
| 5. | Ana Isabel Canovas Garcia | NOGMU | 3:26:40 |
| 6. | Maria Platero Prado       | INDE  | 3:31:05 |
| 7. | Carla Trillo Fernandez    | RFOLU | 3:55:14 |
| 8. | Marta Gonzalez Freire     | PEGIB | 4:21:58 |

**F45**

|    |                                |       |         |
|----|--------------------------------|-------|---------|
| 1. | Maria Cristina Salazar Ramirez | GABMA | 3:11:36 |
| 2. | Irantzu Chinchetru Martinez    | BLAVI | 3:24:36 |
| 3. | Vanesa Chirveches Dominguez    | JBEB  | 3:39:56 |
| 4. | Feli Trujillo Martínez         | JBEB  | 3:46:21 |
| 5. | Lydia Yern Allen               | TDCIB | 4:08:15 |
| 6. | Judith Cinca Negreira          | JBEB  | 4:28:18 |

**F50**

|    |                         |      |         |
|----|-------------------------|------|---------|
| 1. | Margarita Fullana Riera | INDE | 3:25:45 |
|    | Ana Belen Juarez Pastor | PUEA | DNF     |
|    | Esther Pascual Fortea   | UGEB | DNF     |

**F55**

|    |                         |      |         |
|----|-------------------------|------|---------|
| 1. | Antonia Sanchez Ojeda   | INDE | 4:23:09 |
|    | Mari Carmen Molina Puyo | BMOB | DNF     |

**F65**

|  |                   |      |     |
|--|-------------------|------|-----|
|  | Teresa Forn Munne | JBEB | DNF |
|--|-------------------|------|-----|



#### 41ª Milla Urbana de Aranda de Duero

Aranda de Duero (Burgos), 12 de abril

**Hombres.** 1. Sala Hedidine MAR 4:23 - 2. Mario Palencia 4:24 - 3. Yahya Ouina 4:24 - 4. Aberrahman El Khayami 4:25 - 5. Pablo Sánchez-Valladares 4:26 - 6. Eduardo Romero 4:26 - 7. Álvaro Monfort 4:27 - 8. Jesús Gómez 4:28 - 9. Sergio Jiménez 4:30 - 10. Alejandro Quijada 4:33

**Mujeres.** 1. Esther Guerrero 4:51 - 2. Naima Ait Alibou 4:51 - 3. Idaira Prieto 4:53 - 4. María Viciosa 4:55 - 5. Jihad Essouabi EL Idrissi 4:55 - 6. Lidia Campo 4:58 - 7. Lorea Ibarzabal 4:59 - 8. Judith Otazua 4:59 - 9. Marta Serrano 4:59 - 10. Claudia Gutiérrez 5:00

#### Santa Eulària Ibiza Marathon

Ibiza, 12 de abril

**Hombres.** 1. Samson Kipchirchir Keiyo KEN 2:19:59 - 2. Dennis Kipruto Kimetto KEN 2:28:51 - 3. Nelson Fonseca POR 2:44:41

**Mujeres.** 1. Ruth Hawkins GBR 3:02:57 - 2. Lot Stevens 3:17:29 - 3. Amy Reynard GBR 3:18:59

... hasta 1043 clasificados



#### Penyagolosa Trails

Castellón, 12 abril

#### CPS (106 km - 5600m+)

**Hombres.** 1. Iván Calvo 11:01:34 - 2. Hirozaku Nishimura JPN 11:09:56 - 3. Arnau Seguí 11:14:52

**Mujeres.** 1. Elisabeth Ríos 14:03:38 - 2. Mercedes Pila 14:03:39 - 3. María Isabel Fuentes 14:25:24

... hasta 414 clasificados

#### MIM (60 km - 3300m+)

**Hombres.** 1. José Ángel Fernández 5:14:04 - 2. Abel Carretero 5:20:38 - 3. Miguel Arsenio 5:24:06

**Mujeres.** 1. Inés Astrain 6:07:46 - 2. Gemma Arenas 6:27:13 - 3. Mireia Pons 6:30:00

... hasta 1350 clasificados

Lloretail

Lloret de Mar (Girona), 12-13 abril

Hombres.

Mujeres.

#### Trail Port Sant Miguel

San Miguel de Balansat (Ibiza), 13 de abril

VER CAMPEONATO DE ESPAÑA



#### 12.4 Avilés

**Hombres. 400m.** 1. Manuel Bea 46.95 - **5.000m.** 1. Raúl Celada 13:53.27 - 2. David de la Fuente 14:01.53 - 3. David Alfonso 14:09.94

**Mujeres. 800m.** 1. Mónica Álvarez 2:09.42

#### 12.4 Barcelona-SE

**Hombres. 200m.** Final A (-0,5). 1. Jan López 21.25 - 2. Guillem Crespi 21.29 - 3. Sebastià Pons 21.42 - 4. Migue Gasch 21.49 - 5. Alex Valverde 21.98 - Final B (+1,6). 1. Adam Tallón 21.65 - 2. Oriol Castells 21.89 - **Longitud.** 1. Pere Casanova 7.20/+1,2

**Mujeres. 200m** Final A (+1,1). 1. Alba Borrero 24.08 - **Altura.** 1. Julia Vives (2008) 1.71

#### 12.4 Gandía

**Hombres. 5.000m marcha.** 1. Joan Querol (2006) 20:46.83

#### 12.4 León

**Hombres. 200m** (+0,0). 1. Alejandro González 21.84 - **Peso.** 1. Tile-na Martínez (2006) 14.05

2.4 Madrid-A

**Hombres. Longitud.** 1. Manuel Hernández 7.04/-0,6

## ESPAÑOLES EN EL EXTRANJERO

#### 10.4 Ramona,OK (USA) Oklahoma Throws Series

**Hombres. Disco.** ... 14. Diego Casas 62.45 (61.77 - 62.45 - x)

#### 11.4 Fullerton, CA (USA) Titan Friday Night Lights

**Hombres. 100m.** Serie A (+0,9). ... 3. Abel Alejandro Jordán 10.26

#### 12.4 Rio Maior (POR) - 32º Grande Prémio Internacional de Rio Maior em Marcha

**Mujeres. 20 km marcha.** ... 3. Laura García-Caro 1:32:18

#### 12/13.4 Vilanova de Cerveira (POR) - Torneio Internacional de Lançamentos

**Hombres. Peso (4kg)** (12). 1. Hugo Casañas (2009) 18.53 - **Disco** (1,5kg) (12). 1. Hugo Casañas (2009) 58.15 **Disco** (1,5kg) (13). 1. Hugo Casañas (2009) 61.32 (60.34 - x - x - 61.10 - 58.36 - 61.32) - **Martillo** (12). 1. Kevin Arreaga 70.04 (x - 66.43 - 68.81 - x - 69.03 - 70.04) - **Martillo** (13). 1. Kevin Arreaga 71.44 (69.68 - 71.44 - x - x - 70.15 - x) **Mujeres. Martillo** (12). 1. Aixa Corbacho 56.67

#### 12.4 Durham, NC (USA) Duke Invitational

**Mujeres. 200m.** Serie E (-0,2). ... 2. Yissi Cortijo 24.27

#### 12.4 Gaborone (BOT) FNB Botswana Golden Grand Prix

**Hombres. 400m.** Serie B. 1. Chstian Iguacel 45.66

#### 13.4 Ramona,OK (USA) Oklahoma Throws Series

**Hombres. Disco.** ... Grupo B. 3. Diego Casas 65.21 (62.48 - 57.28 - x - 63.66 - 65.21 - 64.57)

# LOS LÍDERES DE LA TEMPORADA 2025

Hasta el 13 abril de 2025

## HOMBRES

|                   |          |                                                                  |                          |                   |
|-------------------|----------|------------------------------------------------------------------|--------------------------|-------------------|
| 60 m              | 6.54     | Abel Alejandro Jordán                                            | Madrid (i)               | 22.02 R.ESP SUB23 |
| 100 m             | 10.26    | Abel Alejandro Jordán                                            | Fullerton (USA)          | 11.04             |
| 200 m ST          | 20.65    | Adrià Alfonso                                                    | Madrid (i)               | 23.02 R.ESP       |
| 300 m ST          | 33.22    | Óscar Husillos                                                   | Salamanca (i)            | 18.01             |
| 400 m             | 45.66    | Christian Iguacel                                                | Gaborone (BOT)           | 12.04             |
| 800 m ST          | 1:44.65  | Elvin Josué Canales                                              | Luxemburgo (LUX) (i)     | 19.01 R.ESP       |
| 1.000 m ST        | 2:16.25  | Mariano García                                                   | Antequera (i)            | 25.01 R.ESP       |
| 1.500 m ST        | 3:35.87  | Mariano García                                                   | Sabadell (i)             | 10.01             |
| Milla             | 3:56.70  | Martin Seguro                                                    | Notre Dame (USA) (i)     | 01.02             |
| Milla ST          | 3:59.99  | Estanislao Nicolás Ruiz                                          | Seattle (USA) (i)        | 18.01             |
| 3.000 m ST        | 7:43.01  | Pol Oriach                                                       | Valencia (i)             | 07.02             |
| 5.000 m ST        | 13:34.55 | Said Mechaal                                                     | Virginia Beach (USA) (i) | 14.03             |
| 10.000 m          | 28:50.09 | Mario Priego                                                     | Raleigh (USA)            | 27.03             |
| 5 km ruta         | 12:57    | Santiago Catrofe                                                 | Lille (FRA)              | 16.03             |
| 10 km ruta        | 27:16    | Santiago Catrofe                                                 | Valencia                 | 12.01             |
| Medio maratón     | 1:01:48  | Juan Antonio Pérez                                               | Lisboa (POR)             | 09.03             |
| Maratón           | 2:06:49  | Hamid Ben Daoub                                                  | Barcelona                | 16.03             |
| 50 km             | 3:32:11  | Francisco Mariano Martínez                                       | Burjassot                | 22.03             |
| 100 km            | 8:13:38  | Marcón Monzón                                                    | Burjassot                | 22.03             |
| 50 m vallas       | 6.46 +   | Enrique Llopis                                                   | Liévin (FRA) (i)         | 13.02 M.M.ESP     |
| 60 m vallas       | 7.48     | Enrique Llopis                                                   | Madrid (i)               | 28.02 =R.ESP      |
| Altura            | 2.18     | David González                                                   | Madrid (i)               | 22.02             |
| Pértiga           | 5.60     | Artur Coll                                                       | Valencia (i)             | 15.02             |
| Longitud          | 8.14     | Jaime Guerra                                                     | Madrid (i)               | 21.02             |
| Triple            | 16.78    | Marcos Ruiz                                                      | Madrid (i)               | 23.02             |
| Peso              | 19.73    | José Ángel Pinedo                                                | Nicosia (CYP)            | 16.03             |
| Disco             | 65.54    | Diego Casas                                                      | Ramona (USA)             | 06.04             |
| Martillo          | 74.27    | Kevin Arreaga                                                    | León                     | 22.02             |
| Jabalina          | 81.46    | Manu Quijera                                                     | Castellón                | 28.02             |
| Heptatlón ST      | 5.986    | Pol Ferrer                                                       | Pombal (POR) (i)         | 16.03             |
| 3.000m marcha     | 12:22.54 | Pablo Sanz                                                       | Gainesville (USA) (i)    | 28.02             |
| 5.000m marcha     | 19:32.45 | Iván López                                                       | Yecla                    | 16.02             |
| 1 Milla Marcha ST | 5:44.84  | Diego García                                                     | Nueva York (USA) (i)     | 08.02 M.M.ESP     |
| 10 km marcha      | 39:57    | Iván López                                                       | Jumilla                  | 08.02             |
| 20 km marcha      | 1:21:23  | Álvaro López                                                     | San pedro de Pinatar     | 30.03             |
| 35 km marcha      | 2:27:55  | Miguel Ángel López                                               | Marín                    | 09.03             |
| 4 x 400 m ST      | 3:05.18  | España Atletismo                                                 | Apeldoorn (NED) (i)      | 09.03 R.ESP       |
|                   |          | (Markel Fernández, Manuel Guijarro, Óscar Husillos, Bernat Erta) |                          |                   |

## MUJERES

|               |          |                            |                        |               |
|---------------|----------|----------------------------|------------------------|---------------|
| 60 m          | 7.15     | María Isabel Pérez         | Madrid (i)             | 22.02 R.ESP   |
| 200 m ST      | 23.00    | Paula Sevilla              | Madrid (i)             | 25.01         |
| 300 m ST      | 36.96    | Eva Santidrián             | Salamanca (i)          | 18.01 M.M.ESP |
| 400 m ST      | 50.99    | Paula Sevilla              | Apeldoorn (NED) 8i)    | 08.03 R.ESP   |
| 800 m ST      | 2:01.20  | Lorea Ibarzabal            | Madrid (i)             | 28.02         |
| 1.000 m ST    | 2:37.69  | Lorea Ibarzabal            | Antequera (i)          | 25.01         |
| 1.500 m ST    | 4:05.61  | Águeda Marqués             | Metz (FRA) (i)         | 08.02         |
| Milla ST      | 4:26.95  | Esther Guerrero            | Val-de-Reuil (FRA) (i) | 02.02         |
| 2.000 m ST    | 5:42.53+ | Esther Guerrero            | Antequera (i)          | 25.01 M.M.ESP |
| 3.000 m ST    | 8:40.80  | Marta García               | Nanjing (CHN) (i)      | 22.03         |
| 5.000 m       | 16:18.03 | Ainhoa Brea                | Palo Alto (USA)        | 04.04         |
| 10.000 m      | 34:34.27 | Marina Trave               | Palo Alto (USA)        | 04.04         |
| 5 km ruta     | 15:53+   | Carolina Robles            | Bilbao                 | 09.03         |
| 10 km ruta    | 31:57    | Carla Gallardo             | Bilbao                 | 09.03         |
| Medio maratón | 1:09:09  | Fátima Azzahraa Ouhammadou | Meishan (CHN)          | 23.02         |
| Maratón       | 2:24:05  | Kaoutar Boulaib            | Sevilla                | 23.02         |
| 50 km         | 3:38:10  | María Isabel Sixto         | Burjassot              | 22.03         |
| 100 km        | 7:47:46  | Estefanía Unzu             | Canberra (AUS)         | 22.02 R.ESP   |
| 60 m vallas   | 8.16     | Paula Blanquer             | Sabadell (i)           | 09.02         |
| 100 m vallas  | 13.58    | Sofía Cosculluela          | Stanford (USA)         | 05.04         |
| 3.000 m Obst. | 10:20.76 | Ainhoa Brea                | Oxford (USA)           | 21.03         |
| Altura        | 1.84     | Ona Bonet                  | Madrid (i)             | 22.02         |

|                     |         |                                                             |                      |                   |
|---------------------|---------|-------------------------------------------------------------|----------------------|-------------------|
| Pértiga             | 4.31    | Maialen Axpe                                                | Zaragoza (i)         | 11.01             |
| Longitud            | 6.73    | Fátima Diame                                                | Apeldoorn (NED) (i)  | 08.03             |
| Triple              | 14.37   | Ana Peleteiro                                               | Apeldoorn (NED) (i)  | 07.03             |
| Peso                | 17.60   | María Belén Toimil                                          | Valencia (i)         | 15.02             |
| Disco               | 57.93   | Inés López                                                  | Nicosia (CYP)        | 16.03 R.ESP Sub23 |
| Martillo            | 68.35   | Laura Redondo                                               | Nicosia (CYP)        | 15.03             |
| Jabalina            | 53.51   | Paula Rodríguez                                             | Valencia             | 16.02             |
| Pentatlón ST        | 4.216   | Alba Ramírez                                                | Pombal (POR) (i)     | 16.03             |
| 10 km marcha        | 44:02+  | Antía Chamosa                                               | San Pedro de Pinatar | 30.03             |
| 20 km marcha        | 1:27:55 | Antía Chamosa                                               | San Pedro de Pinatar | 30.03             |
| 35 km marcha        | 2:44:50 | Antía Chamosa                                               | Marín                | 09.03             |
| 4 x 400 m ST        | 3:25.68 | España Atletismo                                            | Apeldoorn (NED) (i)  | 09.03 R.ESP       |
|                     |         | (Paula Sevilla, Eva Santidrián, Daniela Fra, Blanca Hervás) |                      |                   |
| <b>Relevo Mixto</b> |         |                                                             |                      |                   |
| 4 x 400 m Mixto ST  | 3:17.12 | España Atletismo                                            | Apeldoorn (NED) (i)  | 06.03 R.ESP       |
|                     |         | (Bernat Erta, Carmen Avilés, Manuel Guijarro, Daniela Fra)  |                      |                   |

## CALENDARIO RFEA

### ABRIL

|       |    |                                                                                              |                  |                                |
|-------|----|----------------------------------------------------------------------------------------------|------------------|--------------------------------|
| 26    | AL | XVII Mitin Santa Cruz de Tenerife Festival Julián Martínez Alonso                            | Internacional II | Santa Cruz de Tenerife         |
| 26    | RT | 41 Media Maratón Ciudad de Granada                                                           | Internacional II | Granada                        |
| 26    | TR | V Muñalba Trail                                                                              | Nacional         | Regumiel de la Sierra (Burgos) |
| 26/27 | AL | Campeonato de España Clubes Primera División - Liga Joma - Liga Iberdrola - primera jornada  |                  | RFEA a designar                |
| 26/27 | AL | Campeonato de España Clubes División de Honor - Liga Joma - Liga Iberdrola - primera jornada |                  | RFEA a designar                |
| 27    | RT | 10K Camargo Pedro Velarde                                                                    | Nacional         | Camargo (Cantabria)            |
| 27    | RT | Zurich Rock'n'roll Running Series Madrid - Maratón - Medio Maratón - 10K                     | WA LRR - Label   | Madrid                         |

Calendario competiciones nacionales Nivel II (2025) (GENERAL)

[https://atletismorfea.es/sites/default/files/2025-01/Calendario\\_RFEA\\_Nivel\\_II\\_general.pdf](https://atletismorfea.es/sites/default/files/2025-01/Calendario_RFEA_Nivel_II_general.pdf)



**VENTA DE ENTRADAS:** <https://bit.ly/3PuWtJp> - <https://madridetch2025.com>

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Puedes consultar todos los report "Atletismo en España" aquí: [bit.ly/43aczgp](https://bit.ly/43aczgp)

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